Heads-Tails Tag

Heads-Tails Tag is a tag game in teams (sort of...). Divide the group into two groups. Instruct one group to put one hand on their heads. This is the "heads" group. Instruct the other group to put one hand on their hips. This is the "tails" group. On your signal the game begins. All of the "heads" try to tag the "tails," and the "tails" try to tag the "heads." When a person is tagged, he/she must change to the other team (i.e.: if a "head" tags a "tail," the "tail" becomes a "head" taking his/her hand from hip and placing it on head). Play continues until all players are either "heads" or "tails."